

Health claims in EU and DK

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Foods with Claims





EU Regulation 1924/2006

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EN

Official Journal of the European Union

L 12/3

CORRIGENDA

Corrigendum to Regulation (EC) No 1924/2006 of the European Parliament and of the Council of 20 December 2006 on nutrition and health claims made on foods

(Official Journal of the European Union L 404 of 30 December 2006)

Regulation (EC) No 1924/2006 should read as follows:

**REGULATION (EC) No 1924/2006 OF THE EUROPEAN PARLIAMENT AND OF THE COUNCIL
of 20 December 2006
on nutrition and health claims made on foods**

Scope and aspects of Regulation

- Claims in labelling, presentation, advertising
- Claims cannot be misleading – scientific substantiation
- General principles set for all claims – consumer protection



EU Regulation 1924/2006



**Nutrition
claims**



Health claims



EU Regulation 1924/2006

What it contains?

Nutrition claims

- Content claims
- Comparative claims

Light

SUGAR
FREE

LOW SUGAR

LOW FAT

+ Vit C

Annex: Nutrition claims and conditions applying to them

- Low energy, energy-reduced, energy-free
- Low fat, fat-free, low sat fat,
- Low sugars, sugars-free, with
- Low salt, very low sodium, salt-free
- Sugar free
- High fibre
- High protein
- Contains, increased, reduced vitamins/minerals
- Light, natural





EU Regulation 1924/2006

What it does?

Health claims

Function claims

Based on generally accepted scientific data

Based on newly developed scientific data

Article 13 claims



Calcium: good for bones



Weight reduction



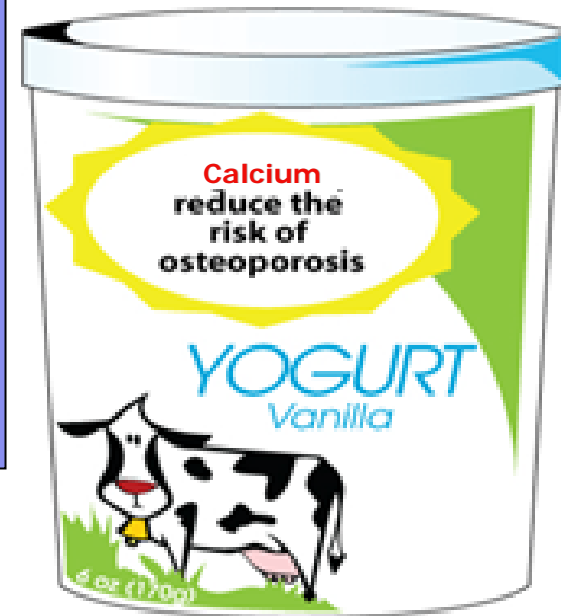
EU Regulation 1924/2006

What it does?

Health claims

Reduction of disease
risk claims
+
Claims on growth and
development of children

Article 14 claims



Conditions for the use of claims

- The Commission shall establish specific *nutrient profiles* which food or certain categories of food must comply with in order to bear nutrition or health claims



Regulation (EC) 1924/2006

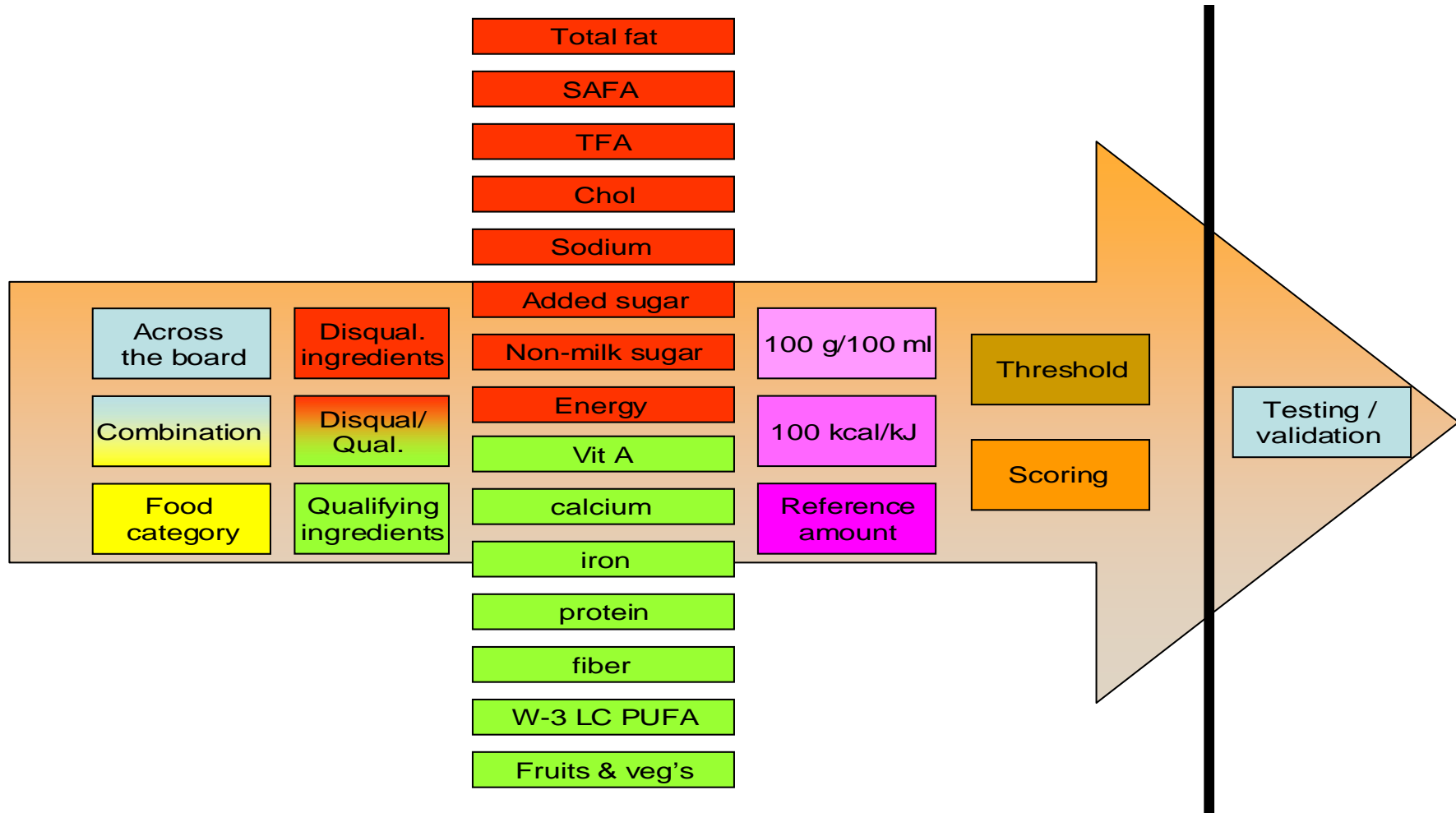
**The role of EFSA in the scientific
substantiation of claims**

Nutrient profiles

Article 4: Conditions for the use of nutrition and health claims

- In setting the nutrient profiles, the Commission shall request EFSA to provide relevant scientific advice
- The nutrient profiles shall be based on scientific knowledge about diet and nutrition, and their relation to health

EFSA Task on Nutrient Profiles



EFSA: by 31 Jan'08 European Commission (+ MS): by 19 Jan'09

Challenges on Nutrient Profiles

Jan 2008: EFSA Opinion on Nutrient Profiles (NP) to Commission



End 2008: EFSA advises on feasibility & testing of a proposed system



19 Jan 2009: Commission/Member States establish specific Nutrient Profiles

Challenges on Art 13 claims

2007- Jan 2008 = MS compilation of Art 13 Lists



Jan 2008 = EC receives Art 13 Lists from MS



June 2008 = EFSA receives Art 13 Lists (1000-1500 claims)



Mid 2009 = EFSA Opinions on Art 13 lists



31 Jan 2010 = EC adopts Community List of permitted claims

Challenges on Art 14 claims

From Jan 2007: Art 14 applications – 5 months legal deadline

July 2007: Opinion on the preparation and presentation of the application for an authorization for a health claim

By May 2008: EFSA has received > 150 applications for assessment and opinion

EC/MS: Decision on authorisation of claims

31 Jan 2010 = EC adopts Community List of permitted claims

Concluding remarks

- In DK, the current use of claims made on foods is limited to nutrition claims
- The EU Regulation on nutrition and health claims made on foods is in process and will be effective from Jan 2010. This regulation will ensure the same claims on foods in all EU countries